



LIVING WITH INTENTION: AN
AUTUMNAL EQUINOX WELLNESS RETREAT
-SEPT 21ST-25TH @ POTTERS FARM RETREAT CENTER,
WASHBURN WI

~CHOOSE YOUR JOURNEY W/ TIME & LODGING
PREFERENCE

A unique experience in the
midst of nature

SAMANTHA & LILY ARE THRILLED TO SHARE A SPIRIT-
RESONANT MULTI-MODALITY GATHERING WITH YOU. WITH THE
THEME OF LIVING WITH INTENTION, WE GIFT OURSELVES &
OUR COMMUNITIES DEEPER MEANING AND SUPPORT TO LIVE
MORE FULLY IN EACH MOMENT.

DISCONNECT FROM YOUR DAILY ROUTINE, WORK & PERSONAL
OBLIGATIONS, & CONNECT WITH THE MAGIC OF NATURE WITH
YOUR INNER BEING. OFFERINGS INCLUDE DAILY YOGA &
MEDITATION, UNIQUE WORKSHOPS & EVENTS LIKE SOUND
BATHS, STAR GAZING, & DAILY CEREMONY, PLUS COMMUNAL
VEGETARIAN / GF MEALS WITH PLENTY OF GROUP & SOLO TIME
TO RELAX, HIKE, EXPLORE, & JUST BE.

FULL PRICE OF THE RETREAT RANGES FROM \$290-\$500
DEPENDING ON YOUR CHOICE OF LODGING & LENGTH OF STAY

BOOKINGS AVAILABLE NOW
atmahealingsretreats@gmail.com
more info at www.ehAshland.com